



# **RESOLUTIONS IN LEADERSHIP**

With the start of 2024, resolutions and the demonstration of personal growth is customary for many. However, this growth should not be limited to our individual selves; it is equally imperative to extend this reflection to our professional lives. The onset of a new year presents an ideal opportunity for leaders to establish workplace resolutions dedicated to cultivating a thriving, harmonious, and more productive work environment.

For those in leadership positions, a pivotal resolution could involve dedicating more one-on-one time with employees. This commitment lays the foundation for healthy connections, fostering open communication and a deep understanding of individual strengths and areas for improvement. Leaders can play a pivotal role in guiding employees on their journey of career development, actively acquiring new skills that not only augment personal professional growth but also contribute to the collective advancement of the team.

These changes require follow-through. In the context of a team setting, the key lies in establishing realistic, achievable goals. These goals serve as a framework for progress, where regular check-ins and assessments are crucial to gauge progress and make necessary adjustments.

However, workplace resolutions should not solely focus on individual improvements; they should extend to enhancing the daily operations of the entire team. For individuals in general roles involving tasks like scheduling meetings, updating website content, or managing data, the emphasis should be on optimizing workflow for better organization and transparency. In pursuit of these objectives, leaders can consider a comprehensive range of goals:

#### 1. Team Building Triumphs

**Resolution:** Foster a Stronger Team Dynamic

Effective teamwork is the bedrock of success. Resolve to actively participate in team-building activities, encourage open communication, and establish a collaborative atmosphere. Engage in team-building exercises that go beyond the conventional, fostering camaraderie and and trust among team members.

#### 2. Mentorship Matters

**Resolution:** Embrace the Role of a Mentor

Consider becoming a mentor or seeking mentorship opportunities within the organization or your team. Mentorship not only facilitates personal growth but also contributes to the overall success of the team. By sharing knowledge, experiences, and insights, you contribute to a culture of continuous learning and development.

#### 3. Skill Expansion Endeavors

**Resolution:** Learn and Master New Skills

In today's dynamic work environment, learning never stops. Dedicate time to acquire new skills relevant to your role or industry. Attend workshops, enroll in online courses, or explore mentorship programs. Not only does this enhance your professional value, but it also keeps you at the forefront of industry trends.

#### 4. Communication Excellence

**Resolution:** Improve Communication Practices

Effective communication is the cornerstone of a well-functioning workplace. Commit to enhancing your communication skills by actively listening, providing constructive feedback, and choosing the most appropriate communication channels. Clear and transparent communication fosters a positive work environment.

## 5. Organizational Brilliance

**Resolution:** Master the Art of Organization

Strive for better organization in both your physical and digital workspace. Utilize project management tools to streamline tasks, set realistic goals, and prioritize deadlines. A well-organized workspace not only boosts personal productivity but also contributes to the overall efficiency of the team.

By aligning personal and team-oriented resolutions, leaders can cultivate a workplace culture that values continuous improvement and collaboration. These resolutions not only elevate the leader's effectiveness but also contribute to the collective success of the entire team, fostering an environment conducive to sustained growth and achievement.

## **AUXILIARY SERVICES I SELF EVALUATIONS**

Auxiliary Services self-evaluations for all regular, FTE employees need to be submitted to manager for review by Wednesday, 1/31/23.

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# STAFF MENTORSHIP PROGRAM

## **Application Period:**

January 8-31, 2024. Don't miss out on this chance to either mentor or be mentored.

## **Eligibility:**

Full-time staff (0.75 FTE or greater) can apply as mentors or mentees. STEPS employees may apply as mentees with supervisor approval.

### **Program Benefits:**

Mentees will gain from the experience and wisdom of their mentors, while mentors will enhance their leadership skills and expand their network.

Platform & Meetings: The program operates on the Wildcat Network platform, offering flexibility for in-person or virtual meetings.

**Cost of Participation:** Free!

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## STUDENT EMPLOYEE OF THE YEAR

UK Student Employee of the Year nominations deadline March 31st.



# **SHARE THE NEWS**

Have information or an event you want featured in the next newsletter? Fill out a submission form below.

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# FITNESS AND EXERCISE I EMPLOYEE DISCOUNT PROGRAM

This program offers many discounts and other incentives to UK employees. The many businesses that you can find displayed through the program include those of the entertainment, housing, automotive, eatery, and many more categories.

This month we are reminding you of the Fitness and Exercise benefits to jumpstart those new year's resolutions. The University of Kentucky has partnered workout centers in the area to offer discounts that include free sessions, waived fees, and discounted fitness memberships!

Some of the exclusive discounts available are one free Pilates group and personal training session along with 20% off fitness memberships at **Body Structure Medical Fitness**, waived joining fee and 10% off monthly discount of membership dues at **YMCA** of Central Kentucky, and 15% off membership dues consisting of 15 classes/month with the option to add childcare at the Tate's Creek location for an additional 5.99/month.

You can also utilize the university recreation centers located around campus.

## WHAT'S HAPPENING

## **SPORTS I FIND MORE**

Men's Basketball I VS Florida January 31

Women's Basketball I VS Mississippi State February 1

Men's Basketball I V. Tennessee February 3

#### **EVENTS**

**Auxiliary Services Networking Hours** February 9, 2 PM - 4 PM Cornerstone

Auxiliary Services All-Hands Meeting March 14, 11 AM - 1 PM GSC Cats Dens

# Have a Cat-tastic Birthday!

Claude Dadje Alex Payne Tim Gentry Billy Payne